



APRIL 2024
GREEN VALLEY SENIOR MEALS
780 S. Park Centre Ave.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SHEPHERD'S PIE W/ MASHED POTATOES GREEN BEANS WW BREAD/BUTTER APPLE SLICES (2) 1	HONEY MUSTARD CHICKEN 2 BUTTERNUT SQUASH PEAS & ONIONS WW BREAD/BUTTER MIXED FRUIT CUP SALAD BAR	BEEF STROGANOFF 3 WW EGG NOODLES RSTD BRUSSELS SPROUTS BANANA BROWNIE	CHICKEN MARSALA 4 FRIED RICE BROCCOLI/CAULIFLOWER ORANGE SALAD BAR	CHICKEN LENTIL SOUP 5 CAPRI VEGETABLES BABY SPINACH SALAD CORN MUFFIN/BUTTER PINEAPPLE TIDBITS
SALISBURY STEAK W/ MUSHROOM GRAVY MASHED POTATOES BRUSSELS SPROUTS WW BREAD/BUTTER ROSY PEARS 8	SESAME GINGER CHICKEN 9 LEMON QUINOA ASIAN BLEND VEGGIES APPLE CRISP SALAD BAR	COD W/ PARSLEY 10 GREMOLATA BROWN RICE PILAF SAUTEED SPINACH PEACHES OATMEAL COOKIE	MAC & CHEESE W/CHICKEN 11 BRAISED CABBAGE MIXED GREEN SALAD MANDARIN ORANGES SALAD BAR	PORK W/CRANBERRY JAM 12 MASHED YAMS 5-WAY VEGETABLES WW BREAD/BUTTER BANANA
PARM BAKED POLLOCK 15 ORANGE/ALMOND COUS COUS GREEN BEANS DRIED CRANBERRIES SUGAR FREE PUDDING	PINTO BEAN CASSOULET 16 BUTTERNUT SQUASH WW BREAD/BUTTER MANDARIN ORANGES SALAD BAR	TURKEY TETRAZZINI 17 CAPRI VEGETABLES BABY SPINACH SALAD BANANA SALAD BAR	BEEF STEW W/ CARROTS & POTATOES 18 BRUSSELS SPROUTS CORN MUFFIN/BUTTER BANANA SALAD BAR	LASAGNA ROLL-UPS 19 W/MEAT MARINARA SAUCE SAUTEED SPINACH WW BREAD/BUTTER PEACH CRISP
TURKEY PAPRIKASH 22 EGG NOODLES GREEN BEANS WW BREAD/BUTTER PEACH CUP	CREAMY CHICKEN RICE SOUP 23 GREEN PEAS DINNER ROLL/BUTTER ORANGE SALAD BAR	SLOPPY JOE 24 WW BUN ROASTED POTATOES MIXED GREEN SALAD PINEAPPLE CHUNKS SALAD BAR	BEEF TIPS/MUSHROOM GUY 25 LEMON-HERBED QUINOA SAVORY CARROTS BANANA CHOCOLATE CHIP COOKIE SALAD BAR	BREADED FISH W/COCONUT 26 SAVORY LENTILS SAUTEED SPINACH WW BREAD/BUTTER PEAR CUP
FRIED CHICKEN 29 SWEET POTATOES SAUTEED RED CABBAGE WW BREAD/BUTTER SEASONAL FRUIT	CHICKEN TORTILLA SOUP 30 ROOT VEGETABLES BROCCOLI SALAD CORN MUFFIN/BUTTER APPLE SLICES (2) SALAD BAR	31		

** ALL MEALS ARE SERVED WITH 8 OUNCES OF MILK** EQUIVALENT MENU ITEMS MAY BE SUBSTITUTED
** NUTRITIONAL INFORMATION ON THE BACK OF THIS MENU

ALL MENU ITEMS ARE SUBJECT TO CHANGE BASED ON AVAILABILITY

THE FRUIT MAY DIFFER BASED ON AVAILABILITY THANK YOU FOR YOUR DONATIONS. THEY HELP US STRETCH-H-H-H OUR SERVICES!!

Do you or someone you know eat lunch alone?
Call **Carla Salcido 520-393-6814**
Donation \$3.00 for participants. \$8.00 Guest Fee

Congregate meals for **ALL** adults **60+**
Transportation available.
Please call for reservation in advance!